# Wellness Management and Recovery 5<sup>th</sup> Annual Conference

# SHARE THE

Bergamo Retreat Center, Dayton Ohio June 2, 3, and 4<sup>th</sup>, 2014

## WELLNESS MANAGEMENT & RECOVERY'S 5<sup>TH</sup> ANNUAL CONFERENCE

The WMR Annual Conference is dedicated to opening an space where individuals have opportunities to experience personal recovery and wellness. In this open space participants can:

- · Discover wellness and recovery through our stories
- Engage in advocacy and activism
- Experience multicultural competency
- Develop leaderfulness
- Participate in experiences that promote greater liberation and freedom
- Engage in shared experiences that promote community building
- · Build authentic relationships across human differences
- · Achieve personal empowerment through fun and relaxation
- Experience equity through voice and choice

## CONFERENCE HIGHLIGHTS

- Musical performances on Monday evening
- Labyrinth experience on Tuesday evening
- Treasured Experience Art Show
- Diverse workshops and presentations
- Health and Wellness activities including Chakradance, Qigong, Yoga, etc.

For a full list of conference highlights and activities, and to check for conference updates, please visit **www.wmrohio.org**.

#### WHO SHOULD ATTEND?

- · Persons in Recovery and with lived experiences
- Students
- Friends and Family Members
- Healthcare Providers
- Alternative Health Care Professionals
- Faculty
- Community-Based Organizations

- Foundations
- Artists
- Veterans
- Youth
- Researchers
- Faith-Based Communities

### CONFERENCE DATES

Monday June 2, 2014 12:00pm through Wednesday June 4, 2014 12:00pm.

Overnight guests can begin to check in on Monday June 2, 2014 at 3pm.

#### CONFERENCE LOCATION

#### BERGAMO RETREAT CENTER

4400 Shakertown Road Dayton, Ohio 44864 937.426.2363 www.bergamocenter.org

#### CONTINUING EDUCATION

This program offers 8.5 clock hours of CEUs approved through the Ohio Counselor, Social Worker, and Marriage & Therapist Board. CEUs are provided through Southeast, Inc.:#RCS088802

#### SPONSORSHIP/EXHIBIT SPACE

Contact the Coordinating Center of Excellence if you are interested in exhibit space or if you would like to sponsor the conference.

#### CONTACT US

#### WELLNESS MANAGEMENT & RECOVERY CCOE

16 W Long St. Suite 340 Columbus OH 43215 Phone: 614.225.0980 | Fax: 614.225.0986 www.wmrohio.org

Durrie Allen, Site Coordinator Stephanie Ozbun, BSSW, LSW, Trainer/Consultant Kelly Wesp, PhD, Director



#### SPONSORED BY:







Department of Mental Health

#### CONFERENCE REGISTRATION

# Registration Packages (check only one):

Package A (\$250)		includes single room for 2 nights, meals, and conference registration for two days
Package A (\$175)	—	persons in recovery
Package B (\$215)	_	price for each, double occupancy for 2 nights, meals, and conference registration for 2 days (Please identify who you will be sharing a room with in the space provided below)
Package B (\$150.50)	—	persons in recovery
Package C (\$175)		commuter registration includes 2 days of conference and meals
Package C (\$122.50)	—	persons in recovery
Package D (\$125)	—	for one day of conference and meals
Package D (\$87.50)	—	persons in recovery

#### Payment

A check or money order, made payable to "Southeast, Inc.", must accompany the registration form. Credit cards cannot be accepted. Please submit a separate form for each person attending. If 5 or more people register from the same organization, then a 10% discount on registration fees is applied.

Name
Title
Agency/Affiliation
Address
City, State, Zip
E-mail
Phone
Professional License # (for CEU's)
Specific Meal Needs
Name of Roommate (if applicable)
Total Amount enclosed
Mail this form with check or money order made payable to "Southeast, Inc." to:
Kelly Wesp, Program Director, Wellness Management & Recovery CCOE 16 W. Long St., Suite 340

Columbus, OH 43215